

**Senior Advisory Committee
Tuesday, February 23, 2015
Town Hall, Old Town Road
12:30 p.m.**

Present: Co-Chairs Sandra Kelly and Gail Pierce, Members - Deborah Martin, Ann Henault and Sandra Hopf. Also present was Senior Coordinator Anna Christina Rogers. Members Linda Spak, Dorothy Graham, Susie Wright and Betsey DeMaggio were absent.

The meeting was called to order by Co-Chair Gail Pierce at 12:30 p.m.

1. Approve Minutes of Meeting, January 20, 2015

Ms. Kelly moved to approve the minutes of the January 20, 2015 meeting. The motion was seconded by Ms. Henault and carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0
Absent 4 (Graham, Wright, Martin, Spak)

2. Report of Senior Coordinator Anna Christina Rogers

Senior Coordinator Rogers reported the following:

- FISH: More people have volunteered and there have been more requests for help. The Leo Lions may be able to help provide more strenuous assistance.
- A smart phone/computer help class, in conjunction with the library, is being put together.
- A presentation including a speaker from the Parkinson's Association will hopefully be arranged.
- A presentation by Carolyn Collins of the Elms in Westerly will be scheduled for March or April.
- An AARP driving course will be scheduled in May.
- The Better Business Bureau talk on fraud and scams will be scheduled.
- An elder lawyer will be brought out to do a presentation on wills and trusts.
- A general shopping trip has been scheduled for March 5th.

3. Discuss and act on allocation of monies for FISH phone and publicity

Ms. Pierce moved to allocate \$200 for FISH PR, publicity, etc. The motion was seconded by Ms. Kelly and carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0
Absent 4 (Graham, Wright, Martin, Spak)

Ms. Martin moved to contract up to \$40 per month for a cell phone for FISH. The motion was seconded by Ms. Kelly and carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0
Absent 4 (Graham, Wright, Martin, Spak)

4. Review and act on Ms Putnam's presentation, "Alzheimerist"

Ms. Kelly gave a report on Doreen Putnam's presentation on Alzheimer's at the Harbor Baptist Church held on February 8, 2015.

Ms. Kelly moved to allocate up to \$200 for the Senior Advisory Commission to join with the Harbor Church and NAMI to sponsor a four hour presentation on Alzheimer's at the Community Center on a date to be announced. Mr. Henault seconded the motion and it carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0

Absent 4 (Graham, Wright, Martin, Spak)

5. Status of Maryann Seebeck and Gail Connolly workshop for caregivers

It was noted that the first workshop will focus on care-giving with an emphasis on everyday body mechanics, tentatively scheduled for April 10th and 11th. The second workshop will address basic awareness of medical conditions, such as medication, symptoms, etc.

6. Review and act on narrative of survey results to be distributed to the Town Council as well as the public

Ms. Kelly distributed a draft narrative of survey results to be distributed to the Town Council which includes:

- a. Preliminary tally of survey responses
- b. System analysis - health on Block Island
- c. Report of Senior Advisory Committee Survey responses
- d. Conclusions – Senior Advisory Survey 2014
- e. Copy of survey and responses

7. Discuss and act on budgeting for year 2015 -2016

Ms. Pierce moved to accept the proposed budget for 2015-2016. Ms. Martin seconded the motion and it carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0

Absent 4 (Graham, Wright, Martin, Spak)

8. Discuss and act upon request of the Town Council to research safe, affordable space heaters

This item was not discussed.

9. Continue discussion of possible areas for exercise

There was nothing to report on this item.

10. Review and act on letter of introduction to State Representative Filippi

Ms. Pierce moved to submit a letter of introduction to the Town Manager and Town Council, where upon approval, the letter will be forwarded to the Representative Filippi and Senator Sosnowski. Ms. Kelly seconded the motion and it carried.

Ayes 5 (Pierce, DeMaggio Henault, Kelly, Hopf) Nays 0

Absent 4 (Graham, Wright, Martin, Spak)

11. Update on activities:

A. BIBB

Ms. Kelly reported that there are 607 members of the Bulletin Board and 3,717 messages have been distributed.

B. Soup Group

Soup Group has been suspended and will resume in April.

C. Lunch Bunch

There have been three cancellations of Lunch Bunch due to weather.

D. Chair Aerobics

No update was giving on this item.

E. “Notify Now”

Nothing to report on this item.

The next meeting will be March 17, 2015

With no further business to discuss Ms. Kelly moved to adjourn at 1:45 p.m. The motion was seconded by Ms. Hopf and carried unanimously.

Ann Henault

Minutes approved: April 28, 2015